# **Toastmaster**

Hello leaders, distinguished guests and fellow Toastmasters. My role tonight is to be the Master of Ceremonies and share our educational program Pathways.

The meeting is divided in 3 parts: prepared speeches, table topics and evaluations.

This week we have 4 speeches! Lucky us. With that we will be tight on time so please do your best to contribute to moving the meeting along smoothly.

#### **PATHWAYS**

For our new members and guests, and a reminder for everyone, Pathways is the latest education program from Toastmasters International. The program is completely online: once you log in into Toastmasters.org, a short assessment will help you choose an educational path that suits you. There are 11 paths in all

- 1. Presentation Mastery
- 2. Leadership Development
- 3. Innovative Planning
- 4. Visionary Communication
- 5. Strategic Relationships
- 6. Dynamic Leadership
- 7. Persuasive Influence
- 8. Effective Coaching
- 9. Team Collaboration
- 10. Engaging Humour
- 11. Motivational Strategies

Each level will help you along your journey

Level 1: Mastering Fundamentals

Level 2: Learning Your Style

Level 3: Increasing Knowledge

Level 4: Building Skills

Level 5: Demonstrating Expertise

Please sign up for Pathways and start down your path.

With that let's begin our speeches section.

After each speech, we will have 90 seconds of silence where you will be able to send the speaker feedback via direct message.

#### **SPEECHES**

1

Our first speaker is Scott Broadbent – he's an engineer and semi-professional marathon runner who recently killed it at the Area Table Topics contest, coming in second for our club. His positive of physical distancing: he is getting to spend more time with his kids. And he learned how to make hummus.

The evaluator is Nabila Bourezane – can you share the speech objectives please?

Thank you. Our Timer is Alvaro Peralta. Mr/Madam Timer could you provide the timing instructions?

Without further ado, Scott Broadbent, Germs, Germs, Scott Broadbent

Thank you – Mr/Madam Timer 90 seconds for evaluations please

2

Our second speaker is Randi Schlar – she is Division Director and Past President of our club, who is gunning for her Distinguished Toastmaster status in the legacy program.

Her evaluator is Oren Weintraub – can you share the speech objectives

please?

Thank you. Mr/Madam Timer could you provide the timing instructions?

Without further ado, Randi Schlar, Sharing my Vision, Sharing my Vision, Randi Schlar

Thank you – Mr/Madam Timer 90 seconds for evaluations please.

3

Our third speaker is Mira Nassef – this is her last speech in Level 1 for Pathways Dynamic Leadership. She loves cats but is sadly allergic to them, and loves to cook for her family and friends. The one positive she is getting from physical distancing is reconnecting with her family.

Her evaluator is Cristian Villalobos – can you share the speech objectives please?

Thank you. Mr/Madam Timer could you provide the timing instructions?

Without further ado, Mira Nassef, It Starts with the Breath, It Starts with the Breath, Mira Nassef.

Thank you – Mr/Madam Timer 90 seconds for evaluations please.

4

Our fourth speaker is Carolyn Griffith – Carolyn has been a Toastmaster for several years. She enjoys biking and cross country skiing. One thing that she likes about physical distancing is that it is forcing her to slow down and be less busy. She is diligently working on her advanced communicator silver.

Her evaluator is Peter Allan – can you share the speech objectives please?

Thank you. Mr/Madam Timer could you provide the timing instructions?

Without further ado, Carolyn Griffith, How I found my voice, How I found my voice, Carolyn Griffith.

Thank you – Mr/Madam Timer 90 seconds for evaluations please.

Now is the time to vote for our favourite speech. Mr/Madam Timer were there any timing infractions.

Please send your votes via direct message to **Emily our Chairperson**. Vote for one of:

- Scott
- Randi
- Mira
- Carolyn

Now is the time for break. We will return back at 8:10. We have XXX minutes for the break, Mr/Madam Timer please set a timer and remind everyone to be back 2 minutes before time is over

## **BREAK**

Welcome back from break! Now we will continue with the Table Topics.

## **TABLE TOPICS**

Our Table Topics Master is Rosina Felice. She loves yoga, walking, dancing (tango & Latin dancing) and making jewelry. She is thrilled to be back at Toastmasters because it has taught her so much. Her positive from physical distancing: she is enjoying cooking at home and eating healthy meals. She appreciates her walks more than ever and truly enjoys zoom yoga meetings.

Please help me welcome our Table Topics Master.

\*\*\*TABLE TOPICS\*\*\*

Thank you everyone for an amazing Table Topics session. Now, it's time for the evaluation portion of our meeting

### **EVALUATIONS**

Our General Evaluator is Alexia Daoust. She works for a pharma company, is super active & plays games all the time. She is very grateful that she gets to continue to do all of this while practicing physical distancing! The positive for her is that she gets to take care of her health even more than before. She has a new setup to work from home which she loves and has discovered new ways to connect with friends and family.

Please help me welcome our General Evaluator.

\*\*\*EVALUATIONS\*\*\*

Thank you everyone for an amazing Evaluations session and educational session. Please help me welcome back our Chairperson for the evening.